

	St. Ansgar Community School Districts Breakfast & Lunch Menu This institution is an equal opportunity provider.		September	ELEM- Breakfast \$1.30 Lunch \$2.75 MS/HS- Breakfast \$1.30 Lunch \$2.85		
Sun.	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
	NO SCHOOL	2	3	4	5	6
		Mini Waffles & Sausage	Scrambled Eggs & Hashbrown	Yogurt Parfit Bar	Donuts	
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		Crispito	Lasagna Roll with Sauce	Mini Corn Dogs	Chicken Pattty on Bun	
		Lettuce Salad	Breadstick	(TT) Roasted Chickpeas	Lettuce, Tomato, Onion & Cheese	
		Grape Tomatoes	Seasoned Corn	Baby Carrots	Potato Chips	
		Peaches	Apple Sauce	Grapes	Frozen Fruit Cup	
7	8	9	10	11	12	13
	Breakfast Bar & Hashbrown	Overnignt Oats	Saints Bowl	Cereal & Toast	Donuts	
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	Pizza Crunchers	Orange Chicken	Scalloped Potatoes & Ham	Breakfast Burritos	Bratwurst on Bun	
	Green Beans	Rice	Dinner Roll	Potato Oles	Baked Beans	
	Pears	Broccoli	Mixed Vegetables	Bananas	Coleslaw	
		Pineapple	Strawberry Jello		Mixed Fruit	
14	15	16	17	18	19	20
	Cheese Omelet	Breakfast Bar & Toast		Turkey Sausage & Pancake Stick	Donuts	
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	Pork Nachos	Chicken Fajitas	NO SCHOOL	Popcorn Chicken	Meatball Sub	
	Lettuce, Tomatoes, & Cheese	Fijita Blend Vegetables		Tortilla Chips	Lettuce Salad	
	Fiesta Beans	Cauliflower		(TT) Mexican Street Corn Dip	Broccoli	
	Peaches	Mandarian Oranges		Apples	Apricots	
21	22	23	24	25	26	27
	French Toast Stick & Hashbrown	Pancakes & Sausage Link	Cheese Omelets	Breakfast Sandwich	Donuts	
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	Chicken Strips	Steak & Cheese Taquito	Spaghetti & Meatballs	Breaded Chicken Drumstick	Hamburger on Bun	
	Mashed Potatoes	Mozzarella Cheese Sticks	Garlic Toast	Waffles	Lettuce, Tomato, Onion & Cheese	
	Grape Tomatoes	Marinara	Lettuce Salad	Baby Carrots	Potato Wedges	
	Mixed Fruit	Mixed Vegetables	Apple Sauce	Assorted Fresh Fruit	Grapes	
		Bananas				
28	29	30				
	Yogurt Parfit Bar	Biscuts & Gravy				
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	Garlic Cheese Boat	Taco Quesadilla		Juice is served with breakfast		
	Marinara	Refried Beans		Milk is served with every meal.		
	Broccoli	Pears		(1% White & Chocolate Skim)		
	Fruit Cocktail			Apples & Oranges served daily.		
	   			PLEASE KEEP YOUR MEAL ACCOUNT CURRENT. MENU SUBJECT TO CHANGE. THANK YOU!	♦ MS/HS Grab & Go Available ♦ ♦ MS/HS Merchandise Available ♦	